

SEX ON THE BEACH

SURF'S UP!

Your on-shore drilling primer.

1. Invest heavily in terry cloth.

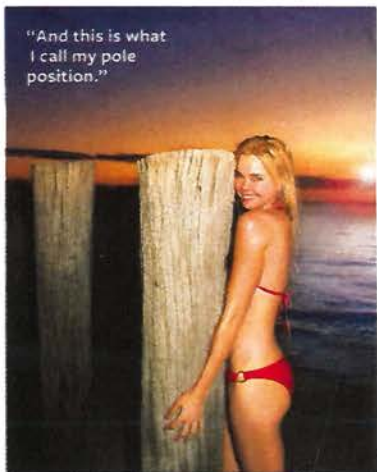
To protect your most delicate of beach-going parts from chafing, bring a big-ass towel and "keep the sex slow," says Dr. Sadie Allison, CEO of ticklekitty.com. A vagina is no place to build a sand castle.

2. Take a firm stand.

Eliminate the sand trap altogether and do it standing against a rock or pier post. Or sit on a cooler chest with her on your lap, advises Allison. Just keep the lid closed tight or the plums may spoil.

3. Have an entrance strategy.

Pushing her bathing suit bottoms aside instead of removing them speeds up the tucking-everything-back-in process, if need be, says Tracey Cox, author of *Kama Sutra*. Wear a Speedo and two can play at that game!—Caitlin Ascolese



"And this is what I call my pole position."



If they don't bring the ketchup real soon, I'm outta here.

KISS THE COOK

BUILD A BETTER BURGER

Ken Callaghan, pitmaster of New York City's Blue Smoke restaurant, brings the heat.

- 3 oz. ground chuck
- 3 oz. ground brisket
- 3 oz. ground sirloin
- Onion
- Worcestershire sauce
- Cheddar cheese
- Bacon
- Bun
- Lettuce, onion
- Ketchup

- 1. Mix it up:** "I evenly mix three ounces each of ground chuck, ground brisket, and ground sirloin into a ball," says our pit boss. "I'll even throw in some finely minced onion or Worcestershire sauce if I'm feeling adventurous."
- 2. It's alive:** "I create a hole with my thumb right in the middle and stuff cheddar cheese in the center," says Callaghan. "By the time you get to medium on that burger, the cheese will just start to get melty, which is a nice surprise."
- 3. Make it happen:** "Only grill it on a side for three to four minutes to give it a good sear, which will lock in its juices," says Captain Hamburger.
- 4. Be patient:** Let it sit for five minutes to allow the juices to reincorporate into the meat. Garnish and engulf!

ROLL CALL

WHEELS

Take the sand by storm!

The Felt Armada's kinked handlebars make one-handed operation easy, so with your other mitt you can clasp a sixer or a beach bunny. \$319, feltracing.com



THE SUMMER DRINK, 2008

SCREWHOUND

Wet your beak.

- 2 oz. vodka
- 2 oz. grapefruit juice
- 1 oz. orange juice
- Lots of ice

A screwdriver is good, but a screwhound is better. Something about the way the grapefruit leavens the syrupy OJ makes us want to guzzle this citrusy wonder until we can't feel the sun scorching our skin—or hear our girlfriend flirting with the bartender.



YACHT ROCK

HOW TO NAME YOUR BOAT

Give your ode to conspicuous consumption the moniker it deserves.



NET WORTH	HELPFUL HINT	RECOMMENDATIONS
Under a million	What you lack in personal fortune, you make up for with a prize-winning pun.	<i>Seas the Day, Golden Buoy, Filthy Oar, Ecsta-Sea</i>
\$1-\$5 million	Stick with the tacky pun theme, but with a reference to your high-powered job in the world of finance.	<i>Sails Call, Knot Working</i>
\$6-\$25 million	With this much bank, turn to irony to rub in the size of your fortune to anyone who happens by.	<i>Petty Cash, Small Change</i>
\$26-\$50 million	Opt for anything that sounds aristocratic or mythological. (When in doubt, add a Roman numeral.)	<i>Excelsior, King's Ransom, Odyssey IV</i>