

Some guys have smooth shafts, and others have tons of veins. What's normal?

There's no standard. A guy with thin skin will look veinier, while thick-skinned guys may have few veins, if any, that are noticeable. It also depends on his state of arousal. "The penile blood vessels are what help get him erect, so they often become more prominent when he's aroused," says Jane Bogart, director for student

the penis is kept healthy. Most men also get about eight erections at night, and they don't have to be having X-rated dreams. Again, it's just their members' way of staying fit.

Do uncircumcised guys feel pleasure in the same way that circumcised dudes do?

Yes, basically, though they may have more sensitivity. The foreskin protects the head of an uncut guy's penis when

"A number of factors—stress, whether he's on medication, and his level of fatigue—can affect a guy's rigidity."

wellness at Columbia University Medical Center and author of *Sexploration: The Ultimate Guide to Feeling Truly Great in Bed*.

How many erections per day should a guy have?

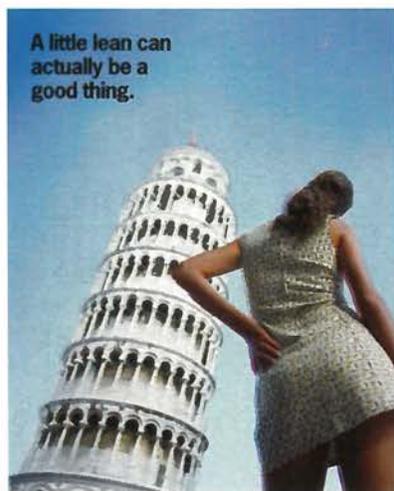
It should be more than zero, but beyond that, there's no specific number. And even when he does get wood, it doesn't necessarily mean he's turned on. "Often, a guy won't even be thinking about sex and he'll get an erection," Dr. Fisch says. The reason: a surge of blood, which is one way the tissue in

he's soft. When he gets turned on, that skin retracts, which means the ultra-sensitive area under the tip is just as exposed as that of a guy who's gone under the knife. "There are a ton of nerves in the foreskin and under the head of the penis...and when he's uncut, this area is protected throughout the day," Bogart says. "So when he does get touched there, it can feel more intensely sensitive." That means you may need to use a softer stroke if your guy still has his foreskin.

Is it a bad sign if he is really hard sometimes and less firm others?

Men have different levels of hardness, and it doesn't always have to do with how turned on he is. In fact, you may even notice that his stiffness varies during the same session, depending on what you're doing and how long you've been doing it, Bogart explains.

If he seems to be softer all the time lately, it could be due to a number of outside factors. "Stress, whether he's on medication, and his level of fatigue can all affect his rigidity," Allison says. As long as he's firm enough to penetrate and you're both happy with the results, don't sweat it. ■



What He Freaks About

We got real men to spill their south-of-the-border insecurities—not an easy feat!

● "I like to maintain a clean shave down there—it just feels better to me when it's totally groomed. But I wonder whether girls think it looks stupid and porn-starish to be completely shaved and if I should leave some hair so I don't come off as being too concerned about it."

—Adam, 31

● "I worry about not lasting long enough during sex. I'm sure every guy has finished too quickly at least once in their lifetime, but it can still be really embarrassing and make me feel inadequate, like I can't give a girl what she needs."

—Jay, 24

● "I'm really insecure about my boxer-short boners. I often walk around my girlfriend's apartment in just my underwear, and sometimes the big guy feels like a salute. I get concerned she's going to think that I'm horny all the time."

—Anthony, 29

● "When I first hook up with a woman, I get really nervous about meeting her size requirements. It's not that I think I'm too small—I just don't know what she's used to. I want to be the right size for her."

—REPORTED BY NIKI EVANS