

## SEX Q&A

NO-BS RESPONSES  
TO QUESTIONS YOU CAN  
ONLY ASK COSMO

**My boyfriend is really into foreplay, but I'm a "main event" kind of girl. How do I get him to speed things up and get to the actual sex sooner?**

**A** Congrats on finding a man who didn't go to the Wham, Bam, Thank You, Ma'am School of Hooking Up. While intercourse is the favorite for many a sexy minx like yourself, consider that the fun before the deed may be really important to arousing him. Kinky compromise: Liven up your foreplay with a couple's sex toy, like the Ako Vibe (\$35, [babeland.com](http://babeland.com)), designed for exciting both your clitoris and his testicles. Or "surprise him with a quickie now and then, so you get your fix," suggests sex therapist Sadie Allison, PhD, author of *Tickle Your Fancy: A Woman's Guide to Sexual Self-Pleasure*. There won't be much time for foreplay when you have a dinner reservation in 20 minutes.

**Q I've never had an orgasm from intercourse, but I can have one when my clitoris is stimulated. Could there be something wrong with my vagina?**

**A** "Vaginas are like snowflakes," Allison says—all are unique. In fact, only 30 percent of women orgasm from intercourse alone, because the clitoris contains more nerve endings than any other part of a woman's body, vagina included. As sexologist Jill McDevitt, PhD, puts it: "The tissue and nerve endings there are the same kind that exist in the head of the penis. When was the last time you stimulated a man somewhere other than his penis and expected him to orgasm?" (Preach!) Still, no need to choose between orgasms—go for a combo climax by having him touch your clitoris while you're on top.



**Q My friends rave about vibrators, but I've never tried one. Is there one for beginners?**

**A** Your friends are right: Vibrators are everything! Sex-toy shopping can be intimidating, but don't picture just a giant penis-shaped contraption. "Toys like bullets are great for newbies, because they're small and meant for external use," says Allison. She suggests losing your vibe virginity with the Bedazzler (\$15, [ticklekitty.com](http://ticklekitty.com)), a 4-inch sexcessory meant for clitoral stimulation, with gemstones on the handle...because YOLO.

**Q Can antibiotics mess with the effectiveness of the Pill?**

**A** "This is a myth," says ob-gyn Lauren Streicher, MD. Antibiotics won't weaken the powers of your pill (with the exception of one rarely used antibiotic called rifampin, a med for tuberculosis). So proceed with your regularly scheduled sexual healing...but be careful if your medication makes you nauseous. If you vomit after taking your pill before it's absorbed into your bloodstream (which normally takes up to two hours), take a second pill, Dr. Streicher says. "Better to have two pills in one day than no pills and risk pregnancy."